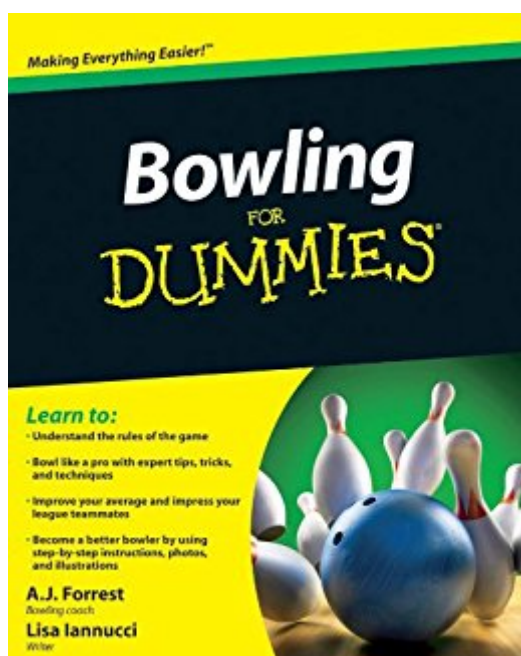


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# Bowling For Dummies



## Synopsis

The fast and easy way to perfect your bowling game Bowling is an inexpensive date, an affordable night out for the whole family, and a fun hangout activity for kids of all ages. Bowling For Dummies reveals the tips, tricks, and rules of play for this iconic American sport. While not every player can hope to bowl 300, you can improve your average and show off for friends, family, and bowling league teammates. Bowling For Dummies provides easy-to-understand instructions for improving your bowling game. The expert tips and advice take you through every step of the game, from selecting the right shoes to the proper way to yell, "Strike!" Packed with photos and line drawings Step-by-step instructions and illustrations included for all techniques Covers beginner through more advanced techniques Whether you're a casual bowler or on a bowling league, the practical, friendly advice in Bowling For Dummies will have you itching to hit the lanes to try out your new skills.

## Book Information

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## Customer Reviews

This book is a great place to go for anyone looking to improve their bowling game without the need to hire a coach. It's written so anyone can understand and quickly learn techniques to improve a range of issues you may be experiencing during bowling, from proper approach, how to better throw the ball, how to improve on throwing both straight and hook shots, etc. Definitely worth reading if

you want to get better at bowling and get more strikes!

Unlike most "Dummies" books that I have read, this one is disappointing. I learned a few things from it, but it is really light on how to bowl better. I learned a few terms and how bowling is scored. (OK, how bowling is scored was a real mystery to me before.) I also learned about different types of bowling balls. I ended up disappointed and with little to show for the read in terms of improving my game.

While this book has a lot of fine points there is some things that are just flat out incorrect. Overall I think the writers would have been better off if they brought in someone with more legitimate credentials. If you are looking for a book on bowling there are better choices out there. A few of the mistakes include their discussion on cores (bigger cores equal faster revs, I mean come on), stating things like men's league memberships are limited to men (just not true), the length of a lane to the end of the pin deck is 60 feet (it's not, it's 60 feet to the head pin), they claim the perfect ball speed is 16 mph (tell that to any professional bowler, they all must be doing it wrong). There's more mistakes in the book, just read a few pages and you'll see. I own at least 10 bowling books, and this definitely ranks near the bottom. Though there are some good points in the book, it's hard to know what's right and wrong with so many incorrect points. As a USBC Silver Certified Bowling Coach, I wouldn't recommend this book to any of my students.

I just started bowling in a league in February and was totally clueless. After listening to a hundred people giving me advice, I decided to buy this book. Bowling is very complex but this book makes it seem simple. I refer to it often and I will be devouring it this summer during my league break. If you are in a bowling league and are serious about improving your score and skills, get this book. It really helps.

I am a beginner and I found this eBook very helpful. I am at a point with my bowling instructor that the book helps to fill "in the holes" without being overly specific, allowing for the variances between individual bowlers. The Instructor gives me a couple of things to work on every time out, which is burdensome enough to absorb, but I have enjoyed supplementing that by reading this book, and it has helped my bowling. I just bowled a 200 for the first time ever yesterday. I am still in a state of disbelief. I have to believe the book is helping.

If you have never went bowling and want to try then this book is great for you... I have been bowling over 20 years and there is a lot of the things I have forgotten and after reading this and using some of the beginning steps again my avg has gone up 5 points

I bought this for my friend's kid who always thinks he's going to beat me at bowling. A) That's never going to happen. B) I don't think he read it. C) Most kids suck at bowling. I didn't really even thumb through the book, but the look of disappointment on an 8 year old's face told the whole story. I think he thought he was getting a real present. Nope.

I've been bowling for three years, and though I practice several times per week, my scores were not consistently improving until one of my more experienced buddies, whose average is around 200, recommended this book. Bowling for Dummies starts with the basics and covers everything from hand position to where to stand and aim to take spare shots. It has tips for both straight and hook bowlers. I skipped the chapters I didn't need, and focused on the parts I needed to improve. Within weeks, my average has gone up 20 or more pins because I made a few adjustments that are recommended in this book. I am now competent and confident enough to practice with the bowlers who have averages over 200. Bowling is not rocket science, but it does involve physics, so making small, precise adjustments can be the difference between a good game and a great game. And this book can help you get to the next level.

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